



LEAD & LINE

Naval Association of Canada Vancouver Island Newsletter

January 2018 • Volume 33, Issue 1

WELCOME TO 2018!



Photo by Lt(N) Michael Organ

This photo, titled "Sunburst Through Granite", was one of the winning entries in the 2017 CAF photo contest, which offers hobby and professional photographers and videographers within the DND community a chance to show off their talents. To see all the winners and runners up, visit <http://bit.ly/CAFphoto>.

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NATIONAL CONFERENCE MARKS CHANGE

Our New Year is here and there is a lot to look forward to. Your Board is working on building our membership and expanding our social and educational offerings.

On January 16th we will be meeting as a Board to focus on possible initiatives to attract new members while supporting those we have. Member-based associations across the country are struggling with declining numbers and we are there with them. If you have any thoughts on how to boost membership, please share them with our membership Director Bill Macdonald by the 16th.

Connected to this are our events and activities that currently focus on luncheons and speakers. While this will con-

tinue, we are exploring other possibilities to help establish relevance for a younger demographic. To this end, in the short term, we are looking at holding some events in the late afternoon/early evening that will allow those still working to attend. NAC-O has had success with this. Trips to sea and tours of local ship repair facilities have also been proposed. I will get news out to you all as plans come together. This will also be a great opportunity to invite possible new members along.

One of our main goals as an association is to support our Navy. NAC National is taking the lead on this and has now formally established a Naval Affairs program that will be supported by staff. This



Bill Conconi

should be up and running by April 1st. This has been made possible by the hard work of many members at NAC-O who have organized a number of successful Battle of Atlantic Galas, which have generated the needed sponsorship funds.

Our next luncheon, scheduled for Thursday, January

25th at the Royal Victoria Yacht Club, will feature a presentation by Gary Paulson who will be bringing to us the latest news from the Corps of Commissionaires. I look forward to seeing as many of you as possible there.

Finally, our new membership year is upon us and if you have not already done so, please renew your membership. This can be done online or by mailing in a cheque. Information is available on our [website](#) or by calling Bill Macdonald directly.

As I write this, the skies are clearing and the rain has stopped—signs that spring is right around the corner.

*Yours Aye,
Bill Conconi*



UPCOMING LUNCHEONS

January 25 - \$30

Gary Paulson will speak about the Corps of Commissionaires.

February 22 - \$30

Speaker to be confirmed.

All luncheons are at the **Royal Victoria Yacht Club, 3475 Ripon Road (Cadboro Bay)**

Doors open at 11:30 a.m. Lunch is served at 12:15 p.m. Members are asked to confirm their attendance with Peter Bey, 250-652-2225.

NAC VI NEWS

SILVER MEDALLION FOR SERVICE



Robin Allen is presented with the Silver Medallion for exceptional service to the Naval Association of Canada. The presentation was made at the NAC VI Christmas Luncheon on Dec. 14.



Fair Winds and Following Seas to past president Jim Carruthers

Upon stepping down as President of the Naval Association of Canada, Captain (Navy) (Ret'd) Jim Carruthers accepts a Shadow Box from Ron Lloyd, Commander Royal Canadian Navy. The box contains a Canada 150 Flag and Naval Ensign that were flown by HMCS Calgary. It's presented on a stand from the Taff Rail from the last Royal Canadian Navy destroyer, HMCS Athabaskan. The gift recognizes the exceptional leadership and dedication Jim has shown as the President from June 8, 2013 to October 21, 2017.

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FRENCH HONOUR: A SPEECH WORTH SHARING

By Rod Hughes

The other day I had the opportunity to attend a local ceremony where Second World War veteran Kenneth Brind was awarded the National Order of the Legion of Honour by the French Consul General for Western Canada, Phillippe Sutter. I have read articles about other navy, army, and air force veterans who received the Legion of Honour in recognition of their wartime service to France, but I had not actually read or heard the text of a presentation speech. The words and sentiments were simply magnificent, and I believe they deserve to be reprinted in their entirety in recognition of the Canadian men and women who served to keep France free.

“Dear Mr. Kenneth John Brind, Dear Members of the Board of directors of Legion Manor Victoria and dear Executive Director, Dear Representatives of the Canadian Forces, Distinguished guests, Dear friends,

It is a great honour and pleasure for me to be given the opportunity to present, for the first time, an award to one Canadian veteran today. We will never forget. I’m here first and foremost to state once again this commitment: We will never forget those who fought the battles, those who fell in combat, especially those who fought during the two worldwide conflicts. We will never forget your comrades in arms, killed in the flower of their youth as



Photo by Steven Heywood, Peninsula News Review

French Consul General Philippe Sutter is flanked by local veterans Reg Price, left, and Kenneth Brind. Both men received France’s Legion of Honour medal, in recognition of their service to France during the Second World War.

they threw themselves into the assault on the European continent to free one of this nation’s founding people from the yoke of fascism. This sacrifice only further enriches this Franco-Canadian alliance that was forged in spilled blood.

We have come together today to pay tribute to your exemplary dedication and to pay tribute to your comrades who, unfortunately, never returned. You are an inspiration. Your children, your grandchildren, your great-grandchildren, they look at you with pride and with emotion. France and other nations that you liberated from Nazi barbarism will never forget. The world has changed since 1945. There are new challenges, of a

new nature, facing us today: Daesh, the migrant crisis, climate change. We know that these challenges are partially responsible for a number of conflicts around the world. Canada, ever our friend as a nation, our ally in NATO, has always been at France’s side in the defence of the higher interests of our civilization. Together, we will carry on.

Today, it’s an honour to present you the insignia of Knight of the National Order of the Legion of Honour, France’s highest national order. Beyond the distinction that is awarded today, the essential thing is the duty to remember all those who took part in very dangerous operations during World War Two. This duty to remember is

shouldered by a great many of your compatriots today. They go to France in great numbers to visit those places that are marked by Canada’s commitment to the two global conflicts that punctuated the 20th century: Dieppe, Juno Beach, the Somme, Beaumont Hamel, and, of course, Vimy. Especially this year, we have special thoughts of Vimy Ridge to pay tribute to the 3,598 Canadian soldiers who fell at Vimy. This was the first time in the history of Confederation that a Canadian contingent fought – successfully – under Canadian command. The message of Vimy is one of bravery and sacrifice. To underscore the sacrifices made by Canada, which suffered 60,000 fatalities during

REAR ADMIRAL ROBERT “BOB” YANOW DIES AT 84

Retired Rear Admiral Robert “Bob” Yanow, who devoted his life to the Royal Canadian Navy, died at age 84 on Nov. 19.

He died in Victoria Hospice after a months-long illness arising from complications linked to cancer.

Yanow began his navy life with enrolment in Sea Cadets “Jervis Bay” in his hometown of Saskatoon and ended his career as a rear admiral and commander of Maritime Forces Pacific.

“He was the hardest working man I have ever known,” said retired Vice Admiral Chuck Thomas, who as a captain worked directly for Yanow in the mid to late 1970s. “But at the same time he was a reasonable and supportive boss.”

Yanow served aboard various destroyers and frigates on both coasts after graduating from Royal Military College and then the University of Saskatoon.

He rose through the ranks quickly and took command of HMCS Saguenay in 1969 followed by Athabaskan in 1972.

From there he commanded First Destroyer Squadron. When he was promoted to commodore he was made naval attaché in Washington, D.C. before returning to Ottawa to serve in several senior positions at the rank of rear admiral.

He took his final posting in Esquimalt as Commander Maritime Forces Pacific and Pacific Region Commander.

After retirement, Yanow continued his public service in many volunteer roles.

He is survived by his wife Valda, son Robert and daughter-in-law Lynn, daughter Deborah and son-in-law retired Rear Admiral Nigel Greenwood, and granddaughters Jennifer and Sarah.

Read the whole obituary at <http://bit.ly/yanowobit>.



Photograph courtesy of Nigel Greenwood
Rear Admiral Robert Yanow reviews Royal Canadian Sea Cadets sometime in the late 1980s.

Continued from page 4

the First World War, France granted Canada 107 hectares of land at Vimy to build and maintain a memorial. That iconic site is today considered one of the most stirring of all First World War monuments, and is certainly Canada’s most important war memorial. The Legion of Honour was created by Napoleon Bonaparte in 1802, when he was First Consul, to reward eminent merit in service to France.

In light of your remarkable service records and in recognition of your eminent contributions to the liberation of my country, Emmanuel Macron, the new President of the Republic of France, has signed the decrees repre-

senting your nomination to the rank of Knight of the National Order of the Legion of Honour. As Consul General of France in Western Canada, I am proud to proceed with this decoration ceremony. Through you, on behalf of my compatriots, I would like to honour all of the Canadian heroes who have served my country. This is the sacrifice that more than 45,000 Canadians made during the Second World War. D-Day was the first step that enabled liberty, justice and human dignity to break through. Canadian soldiers were on the front line, and it is through extraordinary bravery and sacrifice that they landed on Normandy beaches and brought peace

to the continent.

As a young man, you were hoping to go to Oxford, but when the Second World War broke out, you abandoned that dream and enlisted in the RAF in early 1940 at the age of 17. After you graduated as an Air Navigator in 1943, you joined a bomber crew. You were one of the courageous navigators in the Royal Air Force on a Lancaster Bomber with 626 Squadron. You completed a full tour of 30 operations between June and October 1944. Nearly half of your missions were flown over my country, France. You participated in bombing attacks against communications links, v-weapons sites and troop concentrations,

including the major bombing attack on Caen in support of the ground assault on the Falaise pocket.

The French people will never forget the act of bravery that you accomplished to help restore freedom. To you and your comrades, thank you so much for fighting at our side for freedom and democracy. Thank you for making our families happy, living families. And thank you for making my land a free country. I feel honoured and pleased to thank you Mr. Brind by bestowing upon you the medal of Knight of the Legion d’Honneur. Au nom du Président de la République française, je vous fais chevalier de la Légion d’Honneur.”

SEA CADETS TACKLE ORCA SAILING



Sixty-four sea cadets from Ontario, the Prairies and B.C. sailed through the Gulf Islands for seamanship deployments aboard Orca Class Patrol Craft Training vessels Raven and Caribou from Oct. 15-28.

During each of the one-week deployments, cadets learned navigation, engineering, maintenance and emergency response, including fire and man-over-board drills.

Seamanship deployments are offered to senior sea cadets who have demonstrated leadership and knowledge at their home corps. The deployment also offers cadets an opportunity to learn from and work alongside Canadian Armed Forces members, an experience they cannot get anywhere else.

STUDENTS DISCOVER NAVY LIFE FROM THE VANTAGE OF THE SEA

By Peter Mallett

Sixteen special needs and special education students, ages 11 to 13, from Victoria middle schools recently sailed the waters of Southern Vancouver Island aboard PCT 62 Moose. The event was organized by the Esquimalt Lions Club.

As heavy rains pelted down for most of the day, and strong winds made for choppy seas, guests were given a taste of what life is like aboard a navy training vessel.

“I was really excited to be here today because some of my family members have served in the navy and it was really cool getting my own dog tags,” said a Grade six student from Dunsmuir Middle School. “I know I want to be part of the navy someday, but am not yet sure what I want to do for a job.”

Activities onboard included

a full guided tour of the vessel, a demonstration of its maneuverability, a man-overboard exercise, and an emergency firefighting demonstration.

Lieutenant-Commander Todd Bacon, Commanding Officer of the vessel, welcomed his visitors to the bridge and showed off the ship’s instrumentation, watch operations, and the captain’s seat and helm.

“We truly enjoyed taking them out to sea and showing them what our sailors do on a daily basis,” said LCdr Bacon. “It gives the sailors onboard this patrol craft training unit an ability to showcase what we do on behalf of the Fleet and also teaches them what ‘right’ looks like in terms of basic seamanship.”

Leading Seaman Clayton Morrell, a Marine Systems Engineer, presented each student with personalized dog tags and



Photo by Peter Mallett, Lookout Newspaper

LS Edward Gates gives visitors a tour of PCT 62 bridge.

an RCN baseball hat to commemorate their visit, which proved to be a big hit.

Master Seaman Roger Robicheau, a Marine Systems Engineer, helped organize the event with the Lion’s Club. He became the student’s ambassador and tour guide for the day.

“Being a father, I know it’s hard to keep a bunch of kids’

attention, but not with today’s event,” said MS Robicheau. “I used to take special education speech therapy classes when I was a student growing up in Digby, N.S., and I know where some of these kids are coming from.”

Article courtesy of the Lookout Newspaper. It has been edited for length.

NADEN BAND MEMBER PENS NEW MARCH IN HONOUR OF CANADA'S SUBMARINERS

By Peter Mallett

A Naden Band member has written a new march in honour of Canada's submariners.

"The Dolphin March" was composed by Petty Officer Second Class Robyn Jutras, the band's bassoonist, for the Submariners Association of Canada. PO2 Jutras, 35, says her creation was written with the traditional modern military march in mind. It employs an upbeat or rapid tempo meant to match those of military members marching in step.

The march opens with two non-traditional, classic submarine sound effects at the beginning of the piece: a 'ping, ping' of a sonar before transitioning to two blasts of an old submarine's klaxon, which sounds phonetically like "Ahooga, Ahooga."

Paul Hansen, who spent nine years in the navy starting in the mid-1960s, including several years on both HMCS Grilse and HMCS Rainbow, is past president of the Submariners Association of Canada West and the initiator of the project. He worked closely with PO2 Jutras to explain what his group wanted for the piece when she began writing it back in July 2016.

The completed composition was introduced to Submariners Association of Canada members along with its composer during a June 2017 dinner held by the group celebrating the 50th Anniversary of the commissioning of the HMCS Onondaga.

"Both she and the march got a standing ovation from a crowd that included many old seamen like me who haven't sailed in a submarine for nearly 50 years," says Hansen. "And also the fairly recently retired, like Vice-Admiral Bob Davidson, himself a former submarine Commanding Officer."

Hansen says the march is meant to appeal to submariners "the world over."



Photo by Peter Mallett, Lookout Newspaper

Naden Band composer and Petty Officer Second Class Robyn Jutras (centre) is joined by fellow band members as she is presented an honorary membership in the Submariners Association of Canada (SAOC) by SAOC Canada West President, Lloyd Barnes (right) and past president Paul Hansen.

"It wasn't the applause, but rather seeing how happy everyone was with the march," says PO2 Jutras of the accolades. "It seemed to give them an added sense of pride about being a submariner, and I'm glad the music had done a good job in characterizing the spirit and musical meaning of the work they do and maybe a bit of their sense of humour."

The Submariners Association of Canada liked the song so much they presented PO2 Jutras with an honorary membership in all three regional branches.

Commander (Ret'd) Lloyd Barnes, SAOC Canada West President, was on hand at the Naden Band headquarters Nov. 21 to present PO2 Jutras with a commemorative plaque and give words of appreciation as her fellow band members looked on.

"It was just the sound we were looking for, short, concise, and to the point," he said. "It's almost like the music helps the listener experience exactly the feeling of

being in a sub with it's up and down tempo, mimicking the feeling you get from diving and ascending in a submarine."

The Naden Band's Commanding Officer, Lieutenant (Navy) Vincent Roy has been equally impressed with PO2 Jutras's work.

"A song like this not only helps celebrate the impressive legacy of submariners of the Royal Canadian Navy, but also has outreach power too, promoting our band, while engaging and interacting with past and present military members."

It's not the first time the Petty Officer has written a march for a military organization. In 2013 she was the winner of a national contest to write a Centennial march for Princess Patricia's Canadian Light Infantry, which was performed at the regiment's centenary celebrations held in Ottawa in September of 2014.

Article courtesy of the Lookout Newspaper. It has been edited for length.

SHIP DELIVERED ON BUDGET AND ON TIME



The conversion of the Royal Canadian Navy's interim supply ship MV Asterix—a former German container ship—was completed Dec. 1 by Chantier Davie Shipbuilding on time and budget. Sea trials were completed shortly after on Dec. 26 and Asterix arrived in Halifax on Dec. 30. In early December, Davie launched a determined campaign to have the federal government to lease a second supply ship for the naval fleet. However, Defence Minister Harjit Sajjan has so far rebuffed any commitment to the project, indicating that only one ship is needed at this time. Contracts to build new long-term supply ships—as part of the National Shipbuilding Procurement Program—have already been awarded to Irving Shipbuilding on the East Coast and Seaspan Shipbuilding on the West Coast. Read more about Davie's logic for scrapping the plan for new ships and instead converting a second container ship: <https://ipolitics.ca/article/chantier-davie-wont-take-no-answer/>

Couple makes history by commanding same Canadian Navy ship

Lieutenant-commanders Victoria and Chris Devita recently became the first couple in Canadian history to command the same ship.

Victoria commanded *HMCS Glace Bay* between 2013 and 2015, and her husband Chris succeeded her at the helm in August.

The pair, who have two children, have had parallel careers since meeting just after basic training and have worked through the special challenges that deployments pose to families with two military spouses.

Read their full story at: <http://bit.ly/2CYwYtd>

First Arctic patrol ship clicks into place at Halifax Shipyard

HMCS Harry DeWolf is another step closer to launch after the bow section was put in place in early December.

Irving Shipbuilding says the ship will be launched at the Halifax Shipyard next summer, but a December vote by unionized workers to strike could put a dent in that plan.

The contract for Unifor Local 1 employees ended on Dec. 31 and 700 of the 800 unionized employees voted in favour of giving their bargaining committee a strike mandate. As of this issue's printing, no strike action had been taken.

Read more about the ship's progress at <http://bit.ly/2CZr0s8>

Did you serve in the Canadian Armed Forces or the Royal Canadian Mounted Police?

Are you also part of the LGBTQ2 community?

Do you have a service-related injury and previously did not apply for or were unaware of benefits for which you may have been entitled?

Please contact VAC toll-free at 1-800-487-7797 for more information.

FIRST WOMAN APPOINTED JUDGE ADVOCATE GENERAL

By Darlene Blakeley

Commodore Geneviève Bernatchez has come a long way from scrubbing the decks at her Naval Reserve Division in Montréal.

This summer she was appointed by the Governor General of Canada as the first woman to hold the position of Judge Advocate General (JAG) of the Canadian Armed Forces (CAF).

“It was an immense honour to be appointed,” she says. “The competition was very tight among a number of tremendously talented colleagues. It was incredible news for both myself and other women in general to see this milestone reached. And not only for women in Canada, but also internationally, where everyone can see that Canada is leading the way in allowing women to shine at the highest levels.”

The JAG is the senior legal officer in the CAF, responsive to the chain of

command in providing legal services, but responsible to the Minister of National Defence for the performance of duties. The JAG has two unique statutory roles set out in the National Defence Act: the superintendence of the administration of military justice in the CAF, and the provision of legal advice to the Governor General, the Minister of National Defence, the Department of National Defence (DND) and the CAF in matters relating to military law.

Cmdre Bernatchez is the 15th JAG, and the second from the Royal Canadian Navy (RCN).

A native of Gaspé, Que., she enrolled in the Naval Reserve in 1987 at HMCS Donnacona in Montréal. She was awarded her Bridge Watchkeeping Certificate as a maritime surface officer at a time when the CAF was first introducing women to combat arms. During her 10 years with the Naval Reserve, she served



in a variety of command, training and staff positions. In 1997, she transferred to the Regular Force and joined the Office of the Judge Advocate General.

Read more about the new JAG and her priorities: <http://bit.ly/2yUdqmz>
Article courtesy of the Crowsnest.

TECHNOLOGY CHANGES THE FACE OF DEPLOYMENT FOR FAMILIES

A new mobile software application designed to assist military members, and their spouses or parents with deployments has been launched.

Developed by the Esquimalt Military Family Resource Centre (MFRC), the “MFRC Deployment” app is free and can be downloaded from the App Store or Google Play.

The app gives military members and their loved ones instant information customized to their specific needs.

Two key features of the app are a tips section that gives users customized advice based on their profile, and also a planning section that encourages users to complete to-dos such as create a deployment budget, emergency fund, bill payments and other concerns such as vehicle maintenance or pet care.

Other features:

- deployment countdown clock
- resource section with instant access to MFRC deployment support documents
- anonymous, so no personal or military information is at risk.
- no internet connection required once the app is downloaded
- fast and simple customization
- information from the app is customized to four timeframes of the deployment: preparing for deployment; deployment, anticipation of homecoming, and post homecoming



NEW APPOINTMENTS AID RCN TRANSFORMATION

By Darlene Blakeley

The substantial experience and perspective of two Chief Petty Officers 1st Class recently appointed to newly created senior positions will assist in the continuing transformation of the Royal Canadian Navy (RCN) as it prepares for the future fleet.

CPO1 Simon Lepage has taken on a senior appointment with the Directorate of Naval Strategic Readiness in Ottawa, while CPO1 Michael Miller will work with the Naval Personnel and Training Group (NPTG) in Esquimalt, B.C.

“The new appointments were made owing to the significance of the portfolios they represent,” says Commodore Steve Waddell, Director General Naval Strategic Readiness (DGNSR). “They will figure prominently throughout our continuing transformation.”

CPO1 Lepage will complement the efforts of DGNSR for all RCN personnel policy.

“With the embodiment of ‘People First, Mission Always’ in the RCN’s Strategic Plan, CPO1 Lepage is fundamental to the succession planning work necessary to ensure our cadre of senior non-commissioned officers are developed and assigned institutional opportunities where they can best contribute,” explains Cmdre Waddell.

CPO1 Miller, he adds, will work alongside Commander

NPTG, Captain (Navy) Martin Drews, as they lead “a significant change agenda to completely overhaul and modernize the navy’s individual and occupation training system.”

CPO1 Lepage, who has over 35 years service in the RCN in a variety of leadership positions, says he is honoured to take on the new senior appointment and plans to provide institutional guidance with respect to the future employment of the RCN CPO1 corps. He will also liaise with CPO1s to keep them informed on the steps taken so far in the transition to future fleet, particularly with respect to organization and establishment, trade restructuring and training from a non-commissioned member perspective.

“I also want to encourage RCN members in leadership roles to take an active interest in mentoring our exceptional junior professional talents,” he says.

CPO1 Miller, who has just completed two years as Chief of the Directorate of History and Heritage, has had a broad career with postings spanning the globe, both at-sea and ashore. He also brings to his position at NPTG a wealth of experience and understands the role it will play in transforming how training is delivered in the RCN.

“This appointment is an important step forward for the



Above: CPO1 Simon Lepage, centre, with Cmdre Steve Waddell, right, Director General Naval Strategic Readiness, and Command Chief Petty Officer Michel Vigneault.

Below: CPO1 Michael Miller, centre, is promoted to his current rank by RAdm Art McDonald, Commander Maritime Forces Pacific, and his wife Toni.



navy, and I am honoured to have been selected for it,” he says. “The integration of all of the navy’s individual training assets under the same group will ensure consistent training delivery from coast to coast, and move the marker on the ‘One Navy’ directive. Great work is under way to ensure that the new trades being created will be set up for success and that the sailors of the future are properly trained for the future fleet that is coming our way.”

He hopes to set a strong foundation for the new training system, including trans-

forming outdated classroom facilities into modern, inviting institutes of learning, and turning chalkboards and drawings into technology-enabled learning that will better engage and motivate students.

“I also hope to see a better work-life balance for members of the fleet by training them where they live, reducing the time away from family and friends,” he says. “Ideally our training facilities will be on par with our civilian counterparts and strengthen our ability to recruit and retain the professionals we will require in our future platforms.”

**Great work is under way to ensure...
that the sailors of the future are
properly trained for the future fleet.**

CPO1 Michael Miller

HMCS CHICOUTIMI FIRST NON-US/JAPANESE PARTICIPANT IN ANNUAL READINESS ACTIVITIES

The Royal Canadian Navy (RCN) has operated with the Japan Maritime Self Defence Force (JMSDF) throughout 2017 in support of Canada's new Defence Policy: Strong Secure, Engaged. Earlier in the year, the frigates *HMCS Ottawa* and *HMCS Winnipeg* deployed to the Indo-Asia-Pacific region to further advance interoperability with the JMSDF and other regional defence partners. The highlight of these activities was the inaugural bi-lateral initiative KAEDEX, which included events at sea and ashore. KAEDEX is an appropriate title as it translates to maple, a meaningful tree in both our nations.

Most recently, *HMCS Chicoutimi* has been deployed to operate out of Japan as a clear indication of Canada's com-

mitment to peace and security in the region. The JMSDF and the United States Navy (USN) conduct these readiness preparations to evaluate procedures and interoperability in order to provide an effective and cohesive response to a regional contingency in the Asia-Pacific. For the first time since the inception of AnnualEx, a non-JMSDF/USN participant was able to participate.

"I would like to most sincerely thank, Admiral Murakawa and the JMSDF and Vice-Admiral Phillip Sawyer and the 7th Fleet for enabling *HMCS Chicoutimi* to participate in AnnualEx. Canadian submariners are exceptionally well-trained and when combined with the stealth of a Victoria-Class subma-

rine, they form a formidable capability. It was truly an honour for *HMCS Chicoutimi* to represent Canada and the RCN in AnnualEx", said Vice-Admiral Ron Lloyd, Commander RCN.

The proliferation of diesel electric submarines (SSKs) in the Indo-Asia Pacific region is testimony to the significant capability that these platforms represent. Simply put, the presence of an SSK will alter the dynamic in an area of operations as a result of their lethality and ability to remain undetected.

"In 2017, the JMSDF and RCN have operated together in the western Pacific, which represents a practical demonstration of our common interests as maritime nations. I was particularly delighted with the inclusion of *HMCS Chicoutimi* in AnnualEx 17. Our work with the submarine has been a big step forward in seeking high-end readiness for the JMSDF and Royal Canadian Navy," said Admiral Yukata Murakawa, Chief of Staff JMSDF.

In addition to AnnualEx, *HMCS Chicoutimi* has continued to conduct operations with the JMSDF and the USN operating out of Japan into 2018.

Deployments of this nature are not only key to underwriting peace and security in the region, but they also underscore the value of naval diplomacy in furthering Canada's broader global engagement strategy as noted by Ian Burney, the Canadian Ambassador to Japan.

"The presence of *HMCS Ottawa*, *Winnipeg* and *Chicoutimi* in the region this year boosted military-to-military relations with Japan and demonstrated Canada's commitment to peace and security in the Asia-Pacific region. The renewed durable presence of the Royal Canadian Navy here is very helpful, so we hope to see this sustained in the years ahead."



The crew of *HMCS Chicoutimi* prepare to disembark in Yokosuna, Japan recently while deployed on *Poseidon Cutlass 17*.

MEMOIRS OF A NAVAL CAREER

BY JIM TRELOAR

Jim Treloar was in the navy from 1937-1945. He entered the British Navy as a boy seaman at age 15 and was medically discharged in 1945.

ROWING EXERCISES

Editor's note: Last issue, we featured a segment of Jim Treloar's memoirs. This is the second installment. To read more about Jim Treloar's naval experiences, you can purchase a copy of his ebook for Kindle (\$6.21), published this year by his daughter, Mary Treloar. Visit <http://bit.ly/treloar-memoirs>.

The PO instructors were always ready to jump on anyone who made a mistake or didn't pull their weight when rowing. There were various types of boats: cutters (clinker and carvel built, sloop rigged and dipping lug), whalers and gigs and dinghies. We had to know the names of every part and how to handle them. We would have races with the POs acting as coxswains urging their crew on. We learned how to handle the oars. There was one oar for each place—stiff with no give—we learned to feather them as we moved through the water. Whaler oars had a little give and were unevenly distributed with two on one side and three on the other. With all oars and boats there were special procedures to be followed for coming alongside a jetty or a ship and for saluting in a ship. You were also taught never to cross a senior officer's bow. If you want to know more about these, see the Seamanship manual.

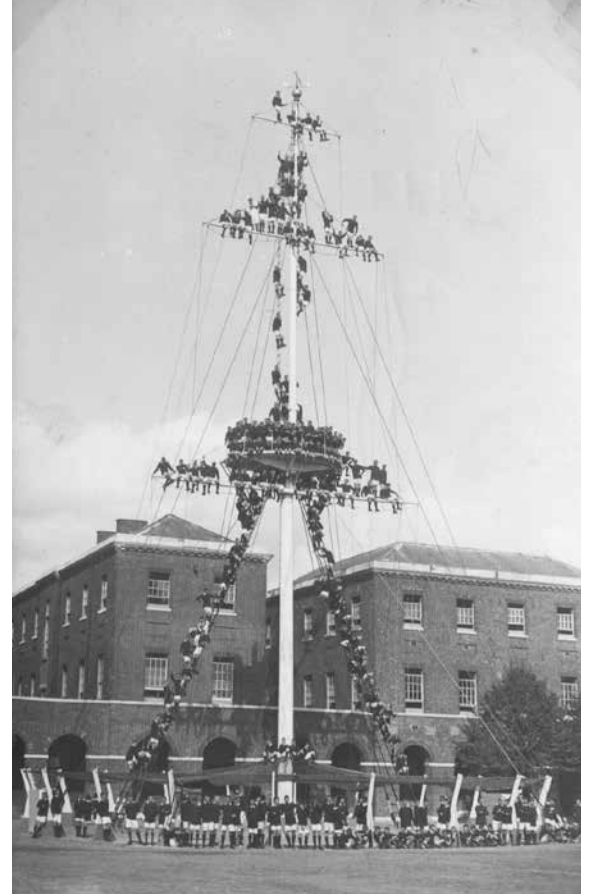
We had special classes in knot tying, wire and rope splicing, types of hawsers and wire ropes, and what they were called in various parts of the ship, e.g., stern lines, breast lines, bow lines and so on. All the flags had to be learned. I mean the alphabetic and numeral flags, international and naval. Instruction in semaphore, using morse code and traditional methods, were taught. We had to pass tests in these. Also, we had to reach a certain level using morse code by radio and Aldis lamp. There were, as well, navigational classes: the rules of the road, plotting positions from field points on shore, estimating currents, compass reading, running fix, reading charts and pilots. There were seamanship classes on various subjects: anchoring ship, mooring, securing to a buoy, among others.



Rowing Exercises



Jim (right) with friends Ashby and Alexander.



Sunday Divisions.